

Name of Organization	Services	Address	Phone #	Website
Bear Valley Behavioral Health	Outpatient individual mental health and substance abuse treatment counseling is available in Bear Valley.	367 Creekside Drive, Bear Valley ,CA 95223	209-753-2831	https://www.alpinecountyca.gov/index.aspx?NID=271
Markleeville Behavioral Health	Individuals or families experiencing emotional, mental, or behavioral difficulties, whether resulting from a mental health disorder or the stresses of daily life, may speak confidentially with a licensed therapist in a comfortable setting. School-Based services are also available to students enrolled through Alpine County School District with the written permission of a parent or legal guardian.	75-C Diamond Valley Road, Markleeville, CA 96120	530-694-1816	https://www.alpinecountyca.gov/index.aspx?NID=195
Alpine County Crisis Line	24 hour crisis response and intervention	N/A	800-318-8212	N/A
Alpine County Behavioral Health Services	Various mental health services which are both affordable and accessible	Locations and more	Press Here	https://www.alpinecountyca.gov/DocumentCenter/View/2719
Tahoe Forest Health System	This branch of the Tahoe Forest Health System offers therapy services.	905 North Lake Blvd., Suite 201 Tahoe City, CA	(530) 582-6232	https://www.tfhd.com/physical-therapy-and-rehabilitation
YouthLine	Teen crisis Helpline	N/A	(877) 968-8491	N/A
California Youth Crisis Line	Teen crisis Helpline	N/A	800.843.5200	https://calyouth.org/cycl/
Psychiatric Emergency Services	Emergency services	N/A	650-573-2662	N/A
Youth Case Management Services	Youth Mental Health Services	N/A	650-573-3504	N/A
Community Helpline (Non-emergency)	Free, confidential referral and information helpline and website that connects people of all ages to essential health and human services they need.	N/A	211	https://www.unitedway.org/our-impact/
Mental Health Intake Line	Respond to those with mental health struggles and provides over-the-phone counseling	N/A	(805) 485-6114	N/A
MentalHealth.gov	Assistance to find proper, affordable mental healthcare	N/A		MentalHealth.gov
NAMI Helpline	Provide mental healthcare to those in need	N/A	209-789-6264	https://namimerced.org/
National Mental Health Association	Adult Mental Health	N/A	Text "MHA" to 741741	N/A