

Name of Organization	Services	Address	Phone #	Website	Hours
CASA	Our mission is to train and support community volunteers who advocate for abused or neglected children placed in foster care; upholding the children's rights while pursuing a safe and permanent home.	829 San Benito St #200, Hollister, CA 95023	(831) 637-4992	http://casasanbenito.org/	contact organization for business hours
The Esperanza Center	Esperanza (Hope) Center mission is to provide clients with positive reinforcements, wellness, and assertiveness to promote recovery.	562 San Benito St, Hollister, CA 95023	(831) 636-4020	https://www.cosb.us/county-departments/health/esperanza-center/	Monday, Wednesday: 11AM-5PM, Tuesday, Thursday: 1PM-5PM, Friday: 9AM-7PM, Saturday: 12PM-4PM
County of San Benito Behavioral Health Services	Provides resources for those suffering and/or in need of mental support	1131 San Felipe Road, Hollister, CA 95023	(831) 636-4020	https://www.cosb.us/county-departments/health/	24/7
Youth Alliance	Youth Support Services provide healing through counseling, family support, and guidance that transform lives. With positive relationships, youth grow and cultivate their strengths and life purpose.	310 4th St #101, Hollister, CA 95023	(831) 636-2853	http://site.youthall.org/	Monday-Friday: 8AM-5PM
Family Service Agency of the Central Coast	Family Service Agency of the Central Coast believes in the power and potential of people of all ages and backgrounds to discover their own creative solutions. Our professional staff and volunteers provide the resources, support, and counseling services essential to healthy families and communities.	3929 =, 104 Walnut Ave Suite 208, Santa Cruz, CA 95060	(831) 423-9444	https://fsa-cc.org/	Monday-Thursday: 9AM-4:30PM, Friday: 9AM-12:30PM
Chamberlain's Youth Services	Empowering at-risk children in a home-like environment to heal		(831) 636-2121	https://chamberlainsyouth.org/	Monday-Friday: 8AM-9PM
American Psychiatric Nurses Association	The American Psychiatric Nurses Association is committed to the specialty practice of psychiatric-mental health (PMH) nursing and wellness promotion, prevention of mental health problems, and the care and treatment of persons with psychiatric disorders.	1850 San Benito St, Hollister, CA 95023	(855) 863-APNA (2762)	https://www.psychiatry.org/	24/7
Association for Behavioral Health and Wellness (ABHW)	The Association for Behavioral Health and Wellness (ABHW) is a national voice for specialty behavioral health and wellness companies. ABHW member companies provide specialty services to treat mental health, substance use, and other behaviors that impact health.	Office: 1325 G Street, NW, Suite 500, Washington, DC 20005	(202) 449-7660	https://abhw.org/	contact organization for hours of operation
Mental Health America	Mental Health America (MHA) is a nonprofit organization dedicated to helping all people live mentally healthier lives.	200 Pine Ave Suite 400, Long Beach, CA 90802	(562) 285-1330	www.mhanational.org	Monday-Friday: 9AM-5PM
National Alliance on Mental Illness (NAMI)	NAMI is dedicated to building better lives for the millions of Americans affected by mental illness. Contact NAMI to access support, information, and free education programs for families and individuals living with mental health problems.	P.O. Box 3158 San Luis Obispo, CA 93403	P.O. Box 3158 San Luis Obispo, CA 93403	https://www.namiso.org/	Monday-Friday: 10AM-6PM
National Coalition for Mental Health Recovery	The National Coalition for Mental Health Recovery's mission is to ensure that consumers and survivors have a major voice in the development and implementation of health care, mental health, and social policies at the state and national levels, empowering people to recover and lead a full life in the community.	no address, contact organization by telephone or email	(866) 247-9058	http://www.ncmhr.org/	contact organization for hours of operation
National Physicians Alliance	The National Physicians Alliance supports research and education programs that promote health and foster active engagement of physicians with their communities to achieve high quality, affordable health care for all.	1455 Pennsylvania Ave, Suite 400, Washington, DC 20004	(202) 753-0428	http://npalliance.org/	24/7

YWCA	YWCA is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all; aids in mental health services and supports women and children impacted by domestic violence	1020 19th StreetNW, Suite 750, Washington, DC 20036	(202) 467-0801	https://www.ywca.org/	contact organization for hours of operation
National Center for PTSD	The mission of the National Center for PTSD is to advance the clinical care and social welfare of America's Veterans and others who have experienced trauma, or who suffer from PTSD, through research, education, and training in the science, diagnosis, and treatment of PTSD and stress-related disorders	2569 West Woodland Drive Anaheim, CA 92801-2608	(562) 826-5603	https://www.ptsd.va.gov/	Monday-Friday: 8AM-5PM
The Trevor Project	The mission of The Trevor Project is to end suicide among gay, lesbian, bisexual, transgender, queer and questioning young people. The organization works to fulfill this mission through four strategies: Provide crisis counseling to LGBTQ young people of suicide.	PO Box 69232 West Hollywood, CA 90069, US	(866) 488-7386	https://www.thetrevorproject.org/	24/7
Treatment Advocacy Center	The Treatment Advocacy Center has participated in the improvement of treatment laws in nearly half of the US states and promoted the implementation of those laws. . . . Dr. Torrey (the founder) has said he was motivated to found the organization by a conviction that "until we find the causes and definitive treatments for schizophrenia and bipolar disorder, we have an obligation to try to improve the lives of those who are suffering."	200 North Glebe Road, Suite 801 Arlington, Virginia	(703) 294-6001	https://www.treatmentadvocacycenter.org/	24/7
The Kennedy Forum	We will revolutionize the way mental health care is delivered in America and create a future where diagnosis and treatment covers the brain and the body.	info@thekennedyforum.org		https://www.thekennedyforum.org/	24/7
American Association of Suicidology	To promote the understanding and prevention of suicide and support those who have been affected by it. We are an inclusive community that envisions a world where people know how to prevent suicide and find hope and healing.	5221 Wisconsin Avenue, NW, 2nd Floor Washington, DC 20015	info@suicidology.org	https://suicidology.org/	24/7
American Foundation for Suicide Prevention	Established in 1987, the American Foundation for Suicide Prevention (AFSP) is a voluntary health organization that gives those affected by suicide a nationwide community empowered by research, education, and advocacy to take action against this leading cause of death.	555 Saturn Blvd, San Diego, CA 92154	(800) 273-8255 (for hotline) / (855) 869-2377 for building	https://afsp.org	24/7
Brain and Behavior Research Foundation	The Brain and Behavior Research Foundation is committed to alleviating the suffering caused by mental illness by awarding grants that will lead to advances and breakthroughs in scientific research.	747 Third Avenue, 33rd Floor, New York, NY 0017	info@bbrfoundation.org	https://www.bbrfoundation.org/	24/7