

Name of Organization	Services	Address	Phone #	Website	Hours		
San Diego Food Bank	the Food Bank provides nutritious food to individuals and families in need in communities throughout San Diego County.	9850 Distribution Ave, San Diego, CA 92121	(858) 527- 1419	https://sandiegofoodbank.org/	MON-FRI 8AM-12PM, 1PM-5PM		
Mama's Kitchen	a community-driven organization, believes that everyone is entitled to the basic necessity of life — nutritious food. Our nutrition services improve the lives of women, men, and children vulnerable to hunger due to HIV, cancer, or other critical illnesses.	3960 Home Ave, San Diego, CA 92105	(619) 233-6262	https://www.mamaskitchen.org/	MON-FRI 10AM-4PM		
Feeding San Diego	connect every person facing hunger with nutritious meals by maximizing food rescue	9455 Waples St #135, San Diego, CA 92121	(858) 452-3663	https://feedingsandiego.org/	MON-FRI 8AM-4:30PM		
Triton Food Pantry	Basic Needs refers to the most essential resources required to thrive as a human being which includes access to nutritious food, stable housing, and financial resources.	9500 Gilman Drive MC, La Jolla, CA 92093	(858) 534-5694	https://basicneeds.ucsd.edu/food-security/pantry/index.html	MON and WED 10AM-2PM; TUES and THURS 10AM-1:30PM; Friday closed		
Anchor Church Lighthouse of Hope	Food pantry	1765 Pentecost Way, San Diego, CA 92105	(619) 833-4778				
AA Accommodating Services	Food Pantry	7919 Lemon Grove Way, Lemon Grove, CA 92072	(619) 660-0087				
Vista Samoan Church	Pantry distributes on the 1st, 3rd, and 5th Monday of every month.	1175 Melrose Way, Vista, CA 92081	(760) 758-8720				
Bayside Community Center	Food pantry for low income and San Diego residents in poverty. Also helps for referrals to CalFresh or USDA feeding programs.	2202 Comstock St. San Diego, CA 92111	(858) 278-0771				
Bethal Evangelical Church	Church distributes hot meals to the homeless and other forms of free food assistance. Contact for hours of food distribution.	1200 E 8th St. National City, CA 91950	(619) 477-8092				
Birthline Chula Vista	Offers baby formula, diapers, and other items targeted towards children	1220 Third Ave.Chula Vista, CA 91911	(619) 425-5012				
Birthline Clairemont	Offers everything from diapers to free infant formula	3660 Clairemont Dr. Ste 4 San Diego, CA 92117	(858)270-2497				
Bread of Life	Offers emergency food from the pantry. This center also has referrals to non-profits that offer surplus USDA commodities, or government agencies that can help with CalFresh applications	1919 Apple St. Oceanside, CA 92054	(760) 722-0800				
Bridge of Hope	Food Pantry	3875 38th St. San Diego, CA 92105	(858) 449-2947				
Chaldean Diocese	Call to apply for hot or cold meals and food assistance, such as emergency boxes, school meals, and SNAP food stamps.	1627 Jamacha Way. El Cajon, CA 92019	(619) 944-6290				
City Christian Center	People regardless of income can be assisted. Single moms can also receive free food or paper products for their children and families.	45 3rd Ave Ste. 105 Chula Vista, CA 91910	(619) 407-7014				
City Heights Assembly of God	There are a number of programs available at this charity. They include a soup kitchen for meals, free hygiene products, and groceries.	3737 Wightman St. San Diego, CA 92105	(619) 646-1838				
City of Refuge	Food Pantry	555 21nd St. San Diego, CA 92101	(619) 992-5716				
Community Resource Center	Can receive a food box, information on public aid such as Commodity Supplemental Food Program or SNAP	650 2nd St. Encinitas, CA 92024	(760) 753-8300				
Crisis House	Free food benefits are available at most twice per year to qualified, low income families with supporting documentation. Canned fruit or meat, dairy, and cereal, more may be available	1034 N. Magnolia Ave. El Cajon, CA 92020	(619) 444-1194				
Crosspointe Life Church	Food Pantry	8809 La Mesa Blvd. La Mesa, CA 91941	(619) 464-3077				
Fallbrook Food Pantry	Food pantry	1042 South Mission Fallbrook, CA 92028	(760) 728-7608				
Gleaning Field Foundation	Food Pantry	2220 Watson Way Vista, CA 92083	(760) 599-4282				
In His Steps	San Diego County families can get everything including free personal hygiene supplies to bags of groceries. Ensure for seniors, free baby formula, and more.	1619 La Brea St. Ramona, CA 92065	(760) 788-4716				
Interfaith Community Services	Resources for local residents, including free food.	550 West Washington Ste B Escondido, CA 92025	(760) 489-6380 x236				
Isaiah Project	Emergency food boxes, perishable items, meals are offered. Seniors, low income families with children and the homeless are the main beneficiaries.	3911 Pacific Hwy, San Marcos, CA 92078	(760) 855-4833				
Jacobs and Cushman San Diego Food Bank	The pantry only has food for people over the age of 60. Groceries, fruites, vegetables, and other items may be distributed by the non-profit.	1042 South Mission Road Fallbrook, CA 92028	(866) 350-3663				
Jamul Community Church	Food Pantry	14866 Lyons Valley Rd Julian, CA 91935	(619) 669-7203				
Kids First Foundation	Supports children and immediate families. Applications for WIC-Special Supplemental Nutrition Program for Women, Infants, and Children, baby formula, and more is passed out by the non-profit.	1236 H St. Ramona, CA 92065	(760) 631-7550 x232				
Lakeside Christian Helps Center	Food Bank	9931 Channel Rd. Lakeside, CA 92040	(619) 561-3488				
La Presa Community Church	Food and resource bank	9095 Jamacha Rd. Spring Valley, CA 91977	(619) 465-5205				

Milestone House	Food bank, a clothing closet, and other household items are offered	1816 Portofino Dr. Oceanside, CA 92054	(760) 433-6361			
Our Lady Mt Carmel	Food bank	2020 Alaquinas Dr. San Ysidro, CA 92173	(619) 920-3755			
Paradise Valley Community Center	Food bank	2727 E 7th St. National City, CA 91950	(619) 395-5088			
Project Self Sufficiency	food and applications to government aid	6744 Pilot Way San Diego, CA 92114	(619) 269-5181			
San Diego Coalition Homeless	Free meals and blankets	4101 University Ave. San Diego, CA 92105	(619) 281-1815			
San Diego Fil Am SDA Church	clothing, shoes for children, backpacks, and a box of healthy food	3602 Bonita Rd. Chula Vista, CA 91910	(858) 603-4737			
Society of SVPD Escondido	Soup Kitchen	444 S. Escondido Blvd. Escondido, CA 92025	(760) 703-4477			
Society of SVPD St Kierens	Food bank but also offers a number of social services, including help with bills, rent, and other housing needs.	1510 Greenfirdl Dr. El Cajon, CA 92021	(619) 588-6881			
So Others May Eat Inc.	Emergency food is provided in the community	7669 Girard Ave. La Jolla, CA 92037	(858) 414-8281			
South Bay Community Services	Food Pantry, also provides information on CalFresh or school lunches.	1124 Bay Blvd. Ste D Chula Vista, CA 91911	(619)420-3620			
St Peters Episcopal Church	Anyone can drop in for a bag of groceries, give blankets to the homeless, help children, and provide other aid as well	334 14th St. Del Mar, CA 92014	(858) 755-1616			