

Name of Organization	Services	Address	Phone #	Website	Hours
Rogers Behavioral Health	specialized partial hospitalization care for adults, adolescents, and children in need of the next level of outpatient care	17140 Bernardo Center Dr., Suite 300 San Diego, CA 92126	858-716-8100 or 833-783-7411	https://rogersbh.org/locations/san-diego-ca?gclid=Cj0KCQjw17n1BRDEARisAFDHExoMXomQRnDgw1vD3cCwU-NBGnmU4oHvYpSzAyO9cEIuYbVv4XL3uQaAoZHEALw_wcB	
Behavioral Health Services at Home Start	provides individual therapy services to children under 18 years of age across San Diego County. Services may be provided in the child's home or school as well as at various Home Start locations	5005 Texas Street Suite 203 San Diego, CA 92108	(619) 692-0727	https://home-start.org/mental-health-services/?gclid=Cj0KCQjw17n1BRDEARisAFDHEx3gTE-cAYDrZmhVb5-f8FK4aCk7JEgHfWstEJ1NSKE0WWp27IvMaAk6YEALw_wcB	Monday- Friday • 8:30 am – 5:00 pm
San Diego Family Care	We provide therapeutic and psychiatric services to both children and adults. Services are available in English, Spanish, Vietnamese Laotian and Hmong, with other translators available.	6973, 6979, 6985, 7011 Linda Vista Road San Diego, CA 92111	858-279-0925	https://sdfamilycare.org/mental-health/	Monday-Friday: 8:30 am – 5:30 pm
Mental Health America of San Diego County	brings together clients, families, professionals, providers, community leaders, and the public to collaborate, cooperate, and ensure available affordable care to all citizens.	4069 30th St. San Diego, CA 92104	(619) 543-041	https://mhasd.org/	
NAMI	We provide evidence-based education classes and support groups at no cost to participants in English and Spanish, offer local expertise, help, and hope in navigating the challenging path of mental health treatment and recovery, and advocate for policies and programs that improve the lives of everyone.	5095 Murphy Canyon Rd #320, San Diego, CA 92121	(858) 634-6580	https://namisandiego.org/	MON-FRI- 9AM-5PM
CRF/Jane Westin Walk-In Center	Adult Mental Health Clinic	1045 9th Avenue San Diego, CA 92101	(619) 235-2600		
Alianza Wellness Center	Adult Mental Health Clinic	5555 Reservoir Drive Suite 204A San Diego, CA 92110	(619) 839-1800	https://apibhs.com/	
UPAC Community Wellness Clinic	Adult Mental Health Clinic	5348 University Ave., Suite 108 San Diego, CA 92105	(619) 255-7550		
Southeast Mental Health Center	Adult Mental Health Clinic	3177 Ocean View Blvd. San Diego, CA 92113	(619) 595-4400		
CRF/Douglas Young BPSR Center	Adult Mental Health Clinic	10717 Camino Ruiz Suite 207 San Diego, CA 92126	(858) 695-2211		
North Central Mental Health Center	Adult Mental Health Clinic	1250 Morena Blvd. 1st Floor San Diego, CA 92110	(619) 692-8750		
CRF/Heartland BPSR Wellness Recovery Center	Adult Mental Health Clinic	460 N. Magnolia Ave. Suite 110 El Cajon, CA 92020	(619) 440-5133		
East County Mental Health Center	Adult Mental Health Clinic	1000 Broadway Suite 210 El Cajon, CA 92021	(619) 401-5500		
CRF/Maria Sardiñas BPSR Center	Adult Mental Health Clinic	1465 30th Street Suite K San Diego, CA 92154	(619) 428-1000		
CRF/South Bay Guidance BPSR Center	Adult Mental Health Clinic	1196 3rd Avenue Chula Vista, CA 91911	(619) 427-4661		
MHS, Inc. BPSR – Vista	Adult Mental Health Clinic	550 W. Vista Way Suite 407 Vista, CA 92083	(760) 758-1092		
MHS, Inc. North Coastal Mental Health Clinic	Adult Mental Health Clinic	1701 Mission Ave. Suite 210 Oceanside, CA 92058	(760) 712-3535		
Exodus Recovery, Inc. North County Walk-In Assess	Adult Mental Health Clinic	524 W. Vista Way Vista, CA 92083	(760) 758-1150		
MHS, Inc. Kinesis North WRC	Adult Mental Health Clinic	474 W. Vermont Avenue Suite 101 Escondido, CA 92025	(760) 480-2255 ext. 105		
MHS, Inc. North Inland Mental Health Clinic	Adult Mental Health Clinic	125 W. Mission Avenue Suite 103 Escondido, CA 92025	(760) 747-3424		
Exodus Recovery, Inc. North County Walk-In Assess	Adult Mental Health Clinic	1520 S. Escondido Blvd. Escondido, CA 92025	(760) 871-2020		