

| <b>Name of Organization</b>                           | <b>Services</b>              | <b>Address</b>   | <b>Phone #</b> | <b>Website</b>  | <b>Hours</b>   |
|---|------------------------------|--|----------------|---|--|
| Santa Cruz County Behavioral Health Division          | Mental Health Service        | 1430 Freedom Blvd, Watsonville, CA 95076                     | (800) 952-2335 | <a href="http://www.santacruzhealth.org/HSAHome/HSADivisions/BehavioralHealth.aspx">http://www.santacruzhealth.org/HSAHome/HSADivisions/BehavioralHealth.aspx</a>   | 24/7   |
| Santa Cruz Behavioral Health Division                 | Mental Health Service        | 1400 Emeline Ave #1976, Santa Cruz, CA 95060                 | (831) 454-4170 | <a href="http://www.santacruzhealth.org/HSAHome/HSADivisions/BehavioralHealth.aspx">http://www.santacruzhealth.org/HSAHome/HSADivisions/BehavioralHealth.aspx</a>   | Monday-Friday: 8AM-5PM                                       |
| NAMI Santa Cruz County                                | Mental Health Service        | NAMI Santa Cruz County, 22 Riesling Way Santa Cruz, CA 95061 | (831) 824-0406 | <a href="https://www.namisc.org/">https://www.namisc.org/</a>   | 24/7   |
| Mental Health Client Action Network                   | Mental Health Service        | 1051 Cayuga St, Santa Cruz, CA 95062                         | (831) 469-0462 | <a href="http://www.mhcan.org">www.mhcan.org</a>  | Monday-Friday: 9AM-2PM, Wednesday, Saturday, Sunday: Closed  |
| Youth Services  | Mental Health Service        | 709 Mission St, Santa Cruz, CA 95060                         | (831) 429-8350 | <a href="https://www.encompasscs.org/">https://www.encompasscs.org/</a>   | hours may vary   |
| Telecare PHF  | Mental Health Service        | 2250 Soquel Ave, Santa Cruz, CA 95062                        | (831) 600-2801 | <a href="https://www.telecarecorp.com/santa-cruz-psychiatric-health-facility/">https://www.telecarecorp.com/santa-cruz-psychiatric-health-facility/</a>   | hours may vary   |
| Reauthoring Practices Therapeutic Consulting Services | Mental Health Service        | 3319 Mission Dr B, Santa Cruz, CA 95065                      | (530) 413-7597 | no website  | contact facility for hours of operation                      |
| Behavioral Health Consult                             | Counselor                    | 740 Front St Suite 370, Santa Cruz, CA 95060                 | (831) 400-8277 | <a href="https://www.behavioralhealthca.com/">https://www.behavioralhealthca.com/</a>   | Monday-Friday: 24/7  |
| Mental Health Resource Center                         | Mental Health Service        | Sant Cruz, CA 95060  | (831) 454-4556 | no website  | hours may vary   |
| Coastal Music Therapy Services, LLC.                  | Mental Health Service        | 1234 Brommer St, Santa Cruz, CA 95062                        | (513) 454-7274 | <a href="https://coastalmt.com/">https://coastalmt.com/</a>   | Monday-Friday: 9AM-9PM, Saturday: 10AM-6PM, Sunday: 10AM-5PM |
| Mindwise - Military and Family Screenings             | Family Mental Health Service | 270 Bridge Street, Suite 205, Dedham, MA, 02026              | (781) 239-0071 | <a href="https://www.militaryonesource.mil/confidential-help/non-medical-counseling/military-and-family-life-counseling">https://www.militaryonesource.mil/confidential-help/non-medical-counseling/military-and-family-life-counseling</a> | 24/7   |
| UCSC Student Health Center                            | Student Mental Health Clinic | 1156 High St, Santa Cruz, CA 95064                           | (831) 459-2211 | <a href="https://healthcenter.ucsc.edu">https://healthcenter.ucsc.edu</a>   | Monday-Friday: 9AM-5PM, Tuesday: 9:30AM-5PM                  |

|                                 |                                   |   |                 |   |   |
|---------------------------------|-----------------------------------|---|-----------------|---|---|
| Rim Family Services             | Family Health Service             | 28545 Highway 18, Skyforest, CA 92385             | (909) 336-1800  | <a href="http://www.rimfamilyservices.org/">http://www.rimfamilyservices.org/</a>   | Monday-Thursday: 8AM-6PM, Friday: 8AM-5PM         |
| Human Options                   | Mental Health Service;<br>Therapy | 5540 Trabuco Rd., Ste. 100, Irvine, CA 92620      | (877) 854-3594  | <a href="http://humanoptions.org">humanoptions.org</a>  | 24/7  |
| The Jed Foundation              | Emotional Health                  | 6 East 39th Street, Suite 700, New York, NY 10016 | (212) 647-7544  | <a href="https://www.jedfoundation.org/">https://www.jedfoundation.org/</a>   | 24/7  |
| Survivors Healing Center        | Mental Health Service;<br>Therapy | 104 Walnut Ave #208, Santa Cruz, CA 95060         | (831) 423-7601  | <a href="https://fsa-cc.org/survivors-healing-center/">https://fsa-cc.org/survivors-healing-center/</a>   | hours may vary, check website                     |
| Shine a Light Counseling Center | Counseling                        | 700 Frederick St. Suite 103, Santa Cruz, CA 95062 | (831) 996-1222  | <a href="https://www.shinealight.info/">https://www.shinealight.info/</a>   | Monday-Friday: 8AM-9PM, Saturday, Sunday: 8AM-6PM |
| Alto Counseling Center          | Counseling                        | 716 Ocean St, Santa Cruz, CA 95060                | (831) 423-2003  | <a href="https://www.encompasscs.org/">https://www.encompasscs.org/</a>   | Monday-Friday: 9AM-4:30PM                         |
| Bethesda Counseling Center      | Counseling                        | 129 Fern St, Santa Cruz, CA 95060                 | (831) 423-5787  | <a href="https://pr.business/bethesda-counseling-center-santa-cruz-california">https://pr.business/bethesda-counseling-center-santa-cruz-california</a> | Monday-Friday: 9AM-9PM                            |
| Santa Cruz Family Therapy, PC   | Counseling                        | 841 Cedar St, Santa Cruz, CA 95060                | no found number | <a href="https://santacruzfamilytherapy.com/">https://santacruzfamilytherapy.com/</a>   | Monday-Thursday: 10AM-7PM, Friday: 10AM-4PM       |