

| Name of Organization | Services | Address | Phone # | Website | Hours |
|---|---|--|----------------------------------|---|------------------------------------|
| Shasta County Helpline | 24 hour mental health assistance | N/A | (530) 225-5252 OR (888) 385-5201 | https://www.co.shasta.ca.us/index/hhsa/mental_wellness.aspx | 24/7 |
| Shasta County Mental Health | Adult Mental Health Services | 2640 Breslauer Way, Redding, CA 96001 | 530-225-5200 | https://www.co.shasta.ca.us/index/hhsa/mental_wellness/adult-mental-health | Mon-Fri, 8am-5pm |
| Burney Health Center | Wide range of mental health services | 37491 Enterprise Drive, Burney, CA 96013 | (530) 999-9030 | https://burney.org | Mon-Thurs, 7am-7pm. Fri 7am-5pm |
| Big Valley Health Center | Wide range of mental health services | 554-850 Medical Center Drive, Bieber, CA 96009 | (53) 999-9010 | https://bigvalley.org | Mon-Fri, 8am-5pm |
| Butte Valley Health Center | Wide range of mental health services | 610 West 3rd Street, Dorris, CA, 96023 | (530) 999-9070 | https://buttevalley.org | Mon-Fri, 8am-5pm |
| Fall River Valley Health Center | Wide range of mental health services, including a walk-in clinic | 43658 State Hwy 299 E., Fall River Mills, CA 96028 | (530) 999-9020 | https://fallrivervalley.org | Mon-Fri, 8am-5pm |
| Tulelake Health Center | Wide range of mental health services | 498 Main Street, Tulelake, CA 96134 | (530) 999-9060 | https://tulelake.org | Mon-Fri, 8am-5pm |
| Mount Shasta Health Center | Wide range of mental health services | 101 Old McCloud Rd, Mount Shasta, CA 96067 | (530) 999-9040 | https://mountshasa.org | Mon-Fri, 8am-5pm |
| Weed Health Center | Wide range of mental health services | 50 Alamo Ave, Weed, CA 96094 | (530) 999-9050 | https://weed.org | Mon-Fri, 8am-5pm |
| Shasta County Children's Mental Health Center | Mental health services for children | 1560 Market Street, Redding, CA 96001 | (530) 229-8041 | https://www.co.shasta.ca.us/index/hhsa/mental_wellness/childrens-mental-health | Mon-Fri, 8am-5pm |
| North America Mental Health Services | Adult Mental Health Services | 1742 Oregon St, Redding, CA 96001 | (530) 646-7269 | https://www.namhs.com/ | N/A |
| YouthLine | Teen crisis Helpline | N/A | (877) 968-8491 | N/A | N/A |
| California Youth Crisis Line | Teen crisis Helpline | N/A | 800.843.5200 | https://calyouth.org/cycl/ | N/A |
| Psychiatric Emergency Services | Emergency services | N/A | 650-573-2662 | N/A | N/A |
| Youth Case Management Services | Youth Mental Health Services | N/A | 650-573-3504 | N/A | N/A |
| Community Helpine (Non-emergency) | Free, confidential referral and information helpline and website that connects people of all ages to essential health and human services they need. | N/A | 211 | https://www.unitedway.org/our-impact/ | N/A |
| Mental Health Intake Line | Respond to those with mental health struggles and provides over-the-phone counseling | N/A | (805) 485-6114 | N/A | N/A |
| MentalHealth.gov | Assistance to find proper, affordable mental healthcare | N/A | | MentalHealth.gov | N/A |

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| NAMI Helpline | Provide mental healthcare to those in need | N/A | 209-789-6264 | https://namimerced.org/ | N/A |
| National Mental Health Association | Adult Mental Health | N/A | Text "MHA" to 741741 | N/A | N/A |