

Name of Organization	Services	Address	Phone #	Website	Hours
Open Counseling: Sierra County Behavioral Health Department	The Behavioral Health Department offers a broad range of mental health, alcohol, and other drug (AOD) services to all residents of Sierra County. Our goal is to offer services in a supportive environment that focuses on recovery. Regardless of ability to pay, the Behavioral Health Department provides emergency crisis assessments and other services.	704 Mill Street Loyalton, CA 96118	(530) 933-6746	https://www.opencounseling.com/united-states/loyalton/counseling-agency/sierra-county-behavioral-health	contact organization for hours of operation
Sierra County Behavioral Health Advisory Board	The Sierra County Behavioral Health Advisory Board, in partnership with the Board of Supervisors, advocates for responsive services, within the Behavioral Health System, that are easily accessible, person and family centered, strength-based, recovery and wellness oriented, culturally proficient and cost effective.	704 Mill Street P.O. Box 265 Loyalton, CA 96118	(530) 993-6745	https://www.sierracounty.ca.gov/Directory.aspx?did=31	Contact organization for hours of operation
Mountain Mental Health	Mental Health Service	17400 Northwoods Blvd #1, Truckee, CA 96161	(530) 582-4171	no website	contact organization for hours of operation
Sierra Family Therapy	Family Counselor	673 S Auburn St, Grass Valley, CA 95945	(530) 913-5054	https://www.sierratherapycenter.com/	Monday-Saturday: 9AM-8PM
Active Minds	Active Minds is the nation's premier nonprofit organization supporting mental health awareness and education for young adults	2001 S Street, NW Suite 630, Washington, DC 20009	(202) 332-9595	https://www.activeminds.org/	24/7
The Jed Foundation	Emotional Health	6 East 39th Street, Suite 700, New York, NY 10016	(212) 647-7544	https://www.jedfoundation.org/	24/7
National Child Traumatic Stress Network (NCCTS)	NCCTS offers resources, training, and educational opportunities covering: physical and sexual abuse, domestic, school, and community violence, natural disasters, terrorism, or military family challenges, and life threatening injury and illness.	11150 W. Olympic Blvd., Suite 650, Los Angeles, CA 90064	info@nctsn.org // (310) 235-2633	https://www.nctsn.org/	24/7

National Federation of Families for Children's Mental Health	The National Federation of Families for Children's Mental Health is a national, family-run organization focused on the issues of children and youth with emotional, behavioral, or mental health needs and their families.	15800 Crabbs Branch Way, Suite 300, Rockville, MD 20855	(240) 403-1901	https://www.ffcmh.org/	contact organization for hours of operation
Youth M.O.V.E. National	Youth M.O.V.E. National is devoted to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived experience in various systems including mental health, juvenile justice, education, and child welfare,	PO Box 215, Decorah, IA 52101	(800) 580-6199	https://youthmovenational.org/	Monday-Friday: 9AM-7PM ET
Mental Health America	Mental Health America (MHA) is a nonprofit organization dedicated to helping all people live mentally healthier lives.	200 Pine Ave Suite 400, Long Beach, CA 90802	(562) 285-1330	www.mhanational.org	Monday-Friday: 9AM-5PM
Family Counseling Service	[Our mission is] to assist individuals and families to meet the opportunities and challenges of a changing world.	1475 Terminal Way B, Reno, NV 89502	(775) 329-0623	http://www.fcsnv.org/	contact organization for hours of operation
National Coalition for Mental Health Recovery	The National Coalition for Mental Health Recovery's mission is to ensure that consumers and survivors have a major voice in the development and implementation of health care, mental health, and social policies at the state and national levels, empowering people to recover and lead a full life in the community.	no address, contact organization by telephone or email	(866) 247-9058	http://www.ncmhr.org/	contact organization for hours of operation
Children's Bureau Mental Health	Children's Bureau is here to help young children and youth (ages 0 to 21) and their families find ways to decrease potential outbursts and violence in the home and to meet their mental health treatment needs with the care of a mental health professional. Children's Bureau provides a wide range of counseling for kids and mental health services for children . . .	3910 Oakwood Ave, Los Angeles, CA 90004	(323) 953-7350	https://www.all4kids.org/	Monday-Saturday: 8:30AM-5PM
Home Based Counseling of Nevada	Counseling that involves the approach to working with families and aiding them in helping persons to identify achievable goals and blocks to this and empower persons to generalize these skills to other occasions, regardless of symptom severity.	no address	(775) 848-9392	https://home-based-counseling-of-nevada.business.site/	Monday-Thursday: 10:30AM-8:30PM

Queen City Counseling and Consulting	Queen City Counseling and Consulting provides mental health services to adolescents in the Charlotte area. We see clients ages 13 to 25 with a special interest in treating trauma-related disorders in adolescents and young adults. As a practice, we take pride in supporting the parents of our adolescents by providing them with skills and knowledge to take an active supportive role in their teens' treatment and recovery.	5950 Fairview Rd UNIT 618, Charlotte, NC 28210	(704) 457-8222	https://qc-counseling.com/	Monday-Wednesday: 8AM-7PM; Thursday: 8AM-7:30PM; Friday: 8AM-6PM
Amador and Calaveras Counseling: Limas Jesse	Counseling Service	32 Main St, Sutter Creek, CA 95685	(209) 223-5105	no website	contact organization for hours of operation
Sierra Therapy Center	Sierra Therapy Center provides individual counseling services, child and teen therapy, marriage and couples counseling, and intern supervision for MFT's and EMDR to Grass Valley, Nevada City, Auburn, Truckee, and surrounding areas.	696 Whiting St, Grass Valley, CA 95945	(530) 913-5054	https://www.sierratherapycenter.com/	contact organization for hours of operation
Zenergy Massage and Wellness	We have created a relaxing and therapeutic approach to healing.	11836 Donner Pass Road Suite 3, Truckee, CA 96161	(530) 448-0344	https://www.zenergytahoe.com/services-in-truckee/mobile-massage	Monday-Sunday: 9AM-9PM
Golden Owl Family Therapy Services	Golden Owl Family Therapy Services strives to provide compassionate, evidenced-based, and professional therapy services that promote wellness and positive change. At Golden Owl I have an open approach to welcoming clients with culturally diverse identities, backgrounds, and experiences.	1420 Shaw Ave, Clovis, CA 93611	(559) 238-7861	https://goldenowlfts.com/	Monday-Sunday: 9AM-7PM
Sierra Family Wellness - Melissa Petersen, MFT	Melissa Petersen, MFT, provides mental health counseling for individuals, couples, children, and families in the Reno area.	543 Plumas St, Reno, NV 89509	(775) 825-2503 ext.108	https://sierra-family-wellness.business.site/?utm_source=google&utm_medium=referral	contact organization for hours of operation