

<b>Organization</b>	<b>Phone Number</b>
National Suicide Prevention Lifeline	(800) 273-8255 (TALK)
National Suicide Prevention Lifeline (Spanish)	(888) 628-9454
WIC services	530-822-7224
Public Health Main Line	530-822-7215
American Association of Poison Control Centers	1-800-222-1222
24-HOUR PSYCHIATRIC EMERGENCY SERVICES (CRISIS SERVICES)	(530) 673-8255 or Toll Free (888) 923-3800
Teen Line	Text "TEEN" to 839863 between 6:00pm-9:00pm PST
Peer-Run Warm Line	855-845-7415
Disaster Distress Helpline	1-800-985-5990 (press 2 for Spanish)
National Domestic Violence Hotline	1-800-799-7233
National Sexual Assault Hotline	1-800-656-HOPE (4673)
The Eldercare Locator	1-800-677-1116
Veteran's Crisis Line	1-800-273-TALK (8255)
SAMHSA's National Helpline	1-800-662-HELP (4357)
ACTS (Alcohol Chemical Treatment Series)	(530) 742-7761
Addiction Treatment Services	(530) 749-8640
AEGIS Medical Systems	(530) 742-7747
Al-Anon	(530) 334-6734
Alcoholics Anonymous	1-916-454-1100
Co-dependent Support Group	(530) 822-7263
Friday Night Live	(530) 674-1885 ext. 108
Narcotics Anonymous	1-877-669-1669
Pathways	(530) 674-4530
California Smokers' Helpline	1-800-NO-BUTTS